



# PAW PRINTS



VOLUME #23 ISSUE #26

Friday, March 10, 2023

## MENU FOR THE WEEK

March 13-17

**Monday**-Popcorn Chicken Bowl, Corn Bread, Salad, Asst. Fruit & Veggies

**Tuesday**- Tacos, Refried Beans, Brown Rice, Asst. Fruit & Veggies

**Wednesday**-Spaghetti & Meat Sauce, Garlic Bread, Salad, Asst. Fruit & Veggies

**Thursday**-Maple Glazed Chicken, Brown Rice, Coleslaw, Asst. Fruit & Veggies

**Friday**-Beef & Macaroni Soup, Salad & Roll, Asst. Fruit & Veggies

## CALENDAR OF EVENTS

3/10—Second Trimester Ends

3/12—Daylight Savings Time Begins

3/15—5<sup>th</sup> Grade to Starbase

3/17—Report Cards Sent Home

3/20—5<sup>th</sup> Grade to Starbase

3/20-3/23—NO LEAPS

3/21—PTCO Mtg. 4pm

3/23—5<sup>th</sup> Grade Starbase here

3/24—District Inservice NO SCHOOL

3/27—Jay Peak Ski Day

3/27—4<sup>th</sup> Quarter LEAPS begins

3/29—5<sup>th</sup> Grade to Starbase

Practices for Willy Wonka will be Tuesdays and Thursdays starting March 14 from 3-4:30. For more information please contact Allie Browne at [Allison.Browne@fnesu.org](mailto:Allison.Browne@fnesu.org).

## PTCO Meeting

The PTCO will be meeting on Tuesday, March 21<sup>st</sup> at 4pm in the Kindergarten Room.

## What's Happening at BEMS

Hello Bakersfield!

I hope everyone had a safe and fun break. I am very excited to see everyone again! Kindergarten has been hard at work these past three days. We have just wrapped up our science unit where students were able to pick any animal that they wanted to research. They spent everyday during Writer's Workshop writing pages to make their very own "teaching book" to bring home to their families for the end of Trimester 2. I am so excited to continue watching my students grow over the next couple of months. I am always so proud of them!

-Kristen Tirrito

I hope everyone had a fun and restful winter break. I know the third grade came back relaxed and energized! We have been practicing fractions lately and it's hard to believe that our school year is  $\frac{3}{4}$  of the way over. As a teacher I kind of want to freeze the year at this moment, the students know all the routines and expectations, they know me and my style, they have built up quite a bit of stamina for getting work done, and goodbyes are still a long way off. Here in class we recently finished a book, Dragons in a Bag, that the students really enjoyed. In math we have been adding and subtracting two and three digit numbers. Recently we started exploring different kinds of measurement. We did a mini research project on groundhogs in February and did a little writing about them. We enjoyed celebrating Valentine's Day! We are now fully embracing the healthy school of Brook Trout that we have growing in our classroom. They have been a great way for us to focus on things like watersheds, life cycles, and adaptations. Surprisingly, most of them are still alive! Mr. Bates

# Preventing Child Abuse @ BEMS

Hello Bakersfield parents and guardians,

For the next few weeks, BEMS students will be taught lessons from Prevent Child Abuse Vermont (PCAVT) during guidance class. This organization is dedicated to protecting the children and teens of Vermont by engaging in the Healthy Relationships Project which is a multi-pronged approach that includes trauma informed staff training and student lessons. See the table below for more information about what your student will be learning in these lessons based on their grade band:

<b>Grades and Programs</b>	<b>Topics Covered</b>
<i>Pre-school - Second Grade Care for Kids Program</i>	In these lessons students will engage in circle time, read a book, complete an activity and then have a closing conversation. Lesson Topics: Asking for help, Feelings, Bodies, Babies, and Asking for Permission
<i>Third Grade - Sixth Grade We Care Elementary Program</i>	Each of these lessons will start and end with a class conversation, and each lesson will have a main activity in between these conversations. 3rd Grade will learn about: Support Systems and Understanding Feelings 4th Grade will learn about: Personal Boundaries 5th Grade will learn about: Coping and Accepting No 6th Grade will learn about: Sexual Harassment
<i>Seventh and Eighth Grade SAFE-T Program</i>	Each of these lessons will start and end with a class conversation, and each lesson will have a main activity in between these conversations. 7th and 8th grade students will be learning about Empathy and Taking Responsibility.

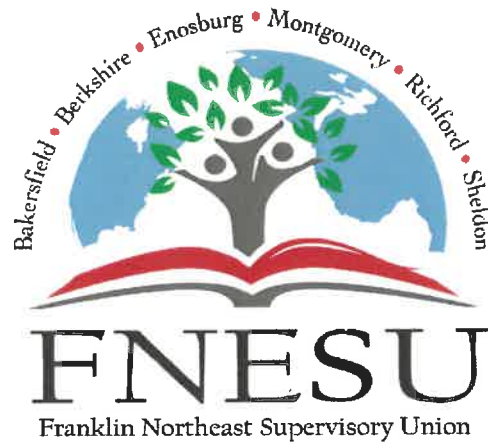
As caregivers you play an important role in supporting this learning. I encourage you to ask your students questions about these lessons and have conversations about what healthy relationships look and feel like. Some of the important things that you as a parent/caregiver can do are use anatomically correct language when discussing bodies, model healthy boundaries, keep communication open, and be informed.

Parents and guardians should also be aware of grooming and should fully vet anyone who spends time with their children. Grooming is “a process by which a person prepares a child, significant adults and the environment for the abuse of this child. Specific goals include gaining access to the child, gaining the child’s compliance and maintaining the child’s secrecy to avoid disclosure. This process serves to strengthen the offender’s abusive pattern, as it may be used as a means of justifying or denying their actions” (Craven, Brown, & Gilchrist, 2006).

Also, parents and guardians should notice when children are in groups with mixed ages and supervise appropriately. They should become familiar with digital environments and predatory behavior that can occur online. Finally, parents and guardians should acknowledge and address when something feels uncomfortable or someone crosses a boundary.

I am looking forward to providing this important education for our students to work to prevent child abuse here in Vermont! Should you have any questions or concerns please reach out to me at [kendra.pillsbury@fnesu.org](mailto:kendra.pillsbury@fnesu.org).

Miss P (School Counselor)



# Preschool Registration Opens March 13, 2023

If you have a child who will be at least 3 years old by September 1st, 2023 and are interested in having them attend one of our school-based preschool programs for the 23'-24' school year, reach out to your local elementary school to get more information and register!

Sheldon Elementary School - (802) 933-4909

Enosburg Elementary School - (802) 933-2171

Bakersfield Elementary School - (802) 827-6611

Berkshire Elementary School - (802) 933-2290

Richford Elementary School - (802) 848-7453

Montgomery Elementary School - (802) 326-4618

# NEWS LETTER

## H.F. BRIGHAM LIBRARY

MARCH 2023



### CAN YOU FIND THE LEPRECHAUN?

Are you lucky?

There's a leprechaun hiding in the library. Are you lucky enough to find him? He might lead you to the end of the rainbow...

### Take and Make Kits

Take and Make activities will be available at the front desk or in the book return during off hours.

- March 13-17 St Patrick's Day Rainbow Wind Sock

### Book Discussion Group

Book Groups meets on the **Third Thursday** of the month at 6pm at the library.

**March Book:** The Secret Book and Scone Society by Ellery Adams

**April Book:** The Authenticity Project by Clare Pooley

## WHAT'S HAPPENING

### STORY TIME

Every Tuesday starting at 10 AM, we have story time for children of all ages! Join us for stories and fun. There will be time for play and to get the wiggles out!

This month we will be reading:

- Dinosaur Pet by Marc Sedaka
- Let's go visiting by Sue Williams
- Bubble Trouble by Margaret Mahy

### SENIOR SOCIAL HOUR

Come in, relax and chat with other local seniors while you enjoy a cup of tea or coffee on Fridays at 9:30 am.

### OUR HOURS

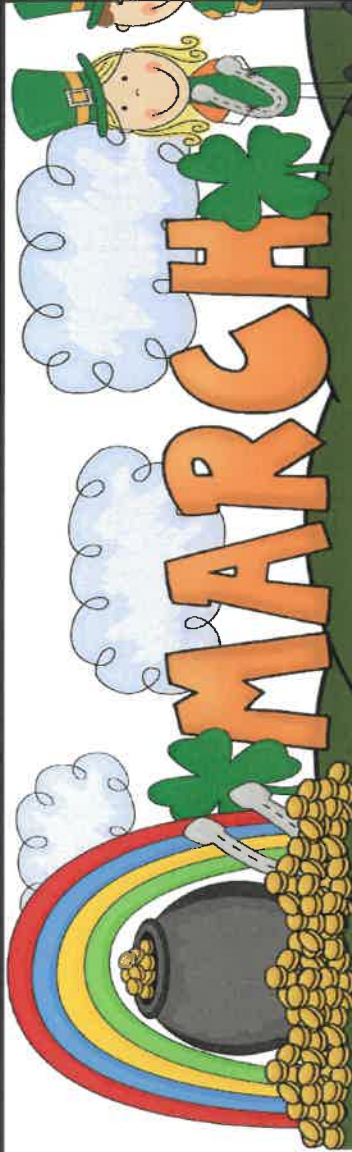
Sun	Closed
Mon	Closed
Tues	9 - 5
Wed	2 - 6
Thurs	9 - 12 2 - 6
Fri	9 - 12
Sat	9 - 1

Questions?

Call us (802) 827-4414

Email [hfb Brigham.library@gmail.com](mailto:hfb Brigham.library@gmail.com)

# FNESU Lunch Menu March 2023

		<b>Meal Prices</b> STUDENTS : ADULT BREAKFAST \$4.00 ADULT LUNCH \$5.00 EXTRA MILK OR JUICE \$0.50  All Menus Subject to Change 1% & FF White or Choc Milk is Served Daily  All Grains served are Whole Grain Rich Compliant		Alternate Meal Served Sandwich on WW Bread or Roll Asst Fruits & Veggies					
<b>MONDAY</b>		<b>TUESDAY</b>		<b>WEDNESDAY</b>		<b>THURSDAY</b>		<b>FRIDAY</b>	
<b>March 6</b> No School		<b>March 7</b> No School		<b>March 8</b> Chicken Patty on a WW Bun Oven Fries WW Bun Asst Fruit & Veggies		<b>March 9</b> Pizza Mixed Green Salad Asst Fruits & Veggies		<b>March 10</b> Breakfast for Lunch Sausage, Hash Brown Yogurt Asst Fruit & Veggies	
<b>March 13</b> Popcorn Chicken Bowl Corn Bread Mixed Greens Asst Fruits & Veggies		<b>March 14</b> Taco's Lettuce, Pepper, Onion, Tomato, Refried Beans Brown Rice Asst Fruit & Veggies		<b>March 15</b> Spaghetti & Meat Sauce or Marinara Garlic Bread Mixed Green Salad Asst Fruits & Veggies		<b>March 16</b> Maple Glazed Chicken Brown Rice Coleslaw Asst Fruits & Veggies		<b>March 17</b> Soup and Roll Mixed Green Salad 3 Bean Salad Mixed Colored Peppers Asst Fruits & Veggies <b>Birthday Celebration Treat</b> Applesauce Cake	
<b>March 20</b> Hot Dog on a WW Bun Baked Beans Coleslaw Asst Fruits & Veggies		<b>March 21</b> Italian Dunkers Mixed Green Salad Carrot Sticks Asst. Fruits & Veggies		<b>March 22</b> General Tso's Chicken Chow Mein Noodles Mixed Veggies Asst Fruit & Veggies		<b>March 23</b> Chef's Choice Asst Fruits & Veggies		<b>March 24</b> "No School"	
<b>March 27</b> Hamburger/Cheeseburger on a WW Bun Lettuce/Tomato/Onion Oven Fries Asst Fruit & Veggies		<b>March 28</b> Chicken Fajita Brown Rice Refried Beans Asst Fruits & Veggies		<b>March 29</b> Baked Potato Bar Ham/Turkey/Cheese Cottage Cheese Dinner Roll Broccoli Asst Fruits & Veggies		<b>March 30</b> Chicken & Biscuits Cranberry Sauce Green Peas Asst Fruit & Veggies		<b>March 31</b> Flatbread Pizza Mixed Green Salad Carrot Sticks Asst Fruits & Veggies	

"This institution is an equal opportunity provider."